



2020

Co-Curricular Handbook



**MAZENOD
COLLEGE**

Introduction	3
Faith & Mission Co-Curricular Activities	4
Leadership Co-Curricular Activities	6
Sports Co-Curricular Activities	7
Arts Co-Curricular Activities	10
Academic Co-Curricular Activities	12

Introduction

Mazenod College is a part of the Mentally Healthy Schools program, designed to promote the Act-Belong-Commit ethos throughout our community. At Mazenod we believe that student and staff mental health and wellbeing are one of our biggest priorities, and that to work to the best of our ability, we need to keep mentally healthy. There are so many opportunities for our students to act, belong and commit and we highlight these events and activities throughout the year.

The activities listed in this booklet cater for the many and varied interests and abilities of our students.

Information about the activities, including meeting and try out times, will be published in Daily Notices which are read out each morning in Form. The Daily Notices are also emailed to all students each morning and are displayed on both the big screens and the noticeboards in the Year 7/8 building. The Daily Notices are also posted to the Parent Portal – iGloo – each morning.

Most activities listed also have a contact person nominated with an email address that can be used to ask any questions regarding the activity.



Faith & Mission Co-Curricular Activities

Kairos Retreat

Kairos is a unique opportunity for Year 12 students to reflect upon their own spirituality and to grow as Christian men. It is a time for them to reflect on their gifts and talents and the direction that they want to take beyond school. Participation in Kairos is voluntary.

When does it happen?

Term Two, Week Ten

Contact Teacher

Mr Wallis, wallis.damian@mazenod.wa.edu.au

Hands of Eugene

Hands of Eugene is a service programme run by our students for young people. Currently this programme offers tutoring for primary school age children in their local schools. The programme is currently open to students in Years 11 and 12.

When does it happen?

All year round, mainly before school on a Tuesday/Thursday

Contact Teacher

Mr Wallis, wallis.damian@mazenod.wa.edu.au

Eucharistic Minister

This is a ministry that is open to students in Years 11 and 12. Being a Eucharistic Minister requires students to hand out communion at Masses throughout the year.

When does it happen?

These occur in preparation and during whole-school Masses. Year 10 students are invited to volunteer for this ministry in Term Four each year. Training is run by the school.

Contact Teacher

Mr Wallis, wallis.damian@mazenod.wa.edu.au

Altar Server

This is a ministry that is open to students in Years 7 - 10. Students serve at the whole school Masses under the direction of the College Acolytes. Training is offered.

When does it happen?

Whole school Masses.

Contact Teacher

Mr Keogh, keogh.john@mazenod.wa.edu.au





Immersion

The College offers a number of immersions to the Kimberley region and to India. Immersion tours to Sri Lanka and China are on hiatus pending a review of the situations in those countries. Year 11 students are invited to apply to be involved in the tours.

Who can participate?

Year 11 students

When does it happen?

Kimberley (Term Two holidays), India (December holidays).

Contact Teacher

Mr Wallis, wallis.damian@mazenod.wa.edu.au

Eugene De Mazenod Speech Competition

Open to all students 7-12. 2-3-minute speech delivered on a theme or message of St Eugene. This is a Mazenod Trophy competition.

Who can participate?

All students

When does it happen?

Term Three, Week Six

Where does it happen?

College PAC

Contact Teacher

Mr Keogh, keogh.john@mazenod.wa.edu.au

Portrait of Eugene De Mazenod

Students are invited to create a portrait of St Eugene de Mazenod to win points for their House.

Contact Teacher

Mr Brook, brook.michael@mazenod.wa.edu.au

Top Five Bishops Literacy Test Competition

This competition acknowledges the top five students in the Year 9 Bishops' Literacy Test. The top five students from each Form class get House points for their house.

When does it happen?

Term Three

Contact Teacher

Mr Brook, brook.michael@mazenod.wa.edu.au

Young Vinnies

Young Vinnies is a youth forum, which reflects the work of the St Vincent de Paul Society. At Mazenod the students gather at a bi-weekly lunchtime meeting to discuss and implement ways to give community service and to act out their Christian values through active projects. The students come up with ideas to help the elderly, poor and others in need from the wider community.

When does it happen?

Tuesday lunch time every second week.

Where does it happen?

Room 103

Contact Teacher

Ms Biffin, biffin.suzanne@mazenod.wa.edu.au or
Mr Pabst, pabst.glenn@mazenod.wa.edu.au

Leadership Co-Curricular Activities

Open Day – Helpers/Tour Guides

Open Day is held on the last day of Term One each year and student volunteers are needed to assist with various department displays and to act as Tour Guides. Volunteers are usually called for in the few weeks leading up to the end of Term One.

Form Representatives and House Representatives

Year 7, 8 and 9 students can apply to be Form or House reps for each semester (Years 7 and 8) or the year (Year 9). The Form reps meet with the Head of Year on a regular basis to discuss issues related to the Year group and organise activities for their Year. House reps assist with the running of a variety of House activities.

When does it happen?

Years 7 and 8 at the start of each semester
Year 9 during Term One.

Contact teacher

Heads of Year 7 – 9

Year 11 Peer Support Leaders

Year 11 Peer Support leaders run the Peer Support programme for the Year 7 students in Term One. They lead them through a range of “getting to know you” activities on a weekly basis. They also attend the Year 7 Orientation Camp overnight.

When does it happen?

A training camp takes place in Term Four of Year 10.

Contact teacher

Mr Hemley, hemley.beau@mazenod.wa.edu.au

Year 11 Leadership Camp

Year 11 students can apply to attend the Leadership Camp. The focus of the camp is on developing leadership skills and a positive attitude towards self, peers and the College. The College Prefects are selected from those who attend the Leadership Camp.

When does it happen?

Term Three

Who can be involved?

Year 11's

Contact Teacher

Mr Hemley, hemley.beau@mazenod.wa.edu.au



Year 12 Prefects and House Captains

Prefects meet with the Dean of Students each week and look at whole school programs and goals.

House Captains – one for each House meet with Head of Year 12 weekly to set goals around House activities and work with Heads of Learning and Heads of Year to run events and competitions towards the Mazenod Trophy.

When does it happen?

Selection takes place in Term Three of Year 11.

Who can be involved?

Year 12s

Contact Teacher

Mr Anderson,
anderson.michael@mazenod.wa.edu.au
Mr Frank, frank.michael@mazenod.wa.edu.au

Year 12 Leadership Portfolios

All Year 12s have the opportunity to be involved in participating in projects and activities that are coordinated under portfolios of responsibilities. Students can work with the Prefects and House Captains, with support from the HOY and Dean of Students, on projects concerning Faith & Stewardship, Well-Being, Sustainability, supporting Juniors and a variety of special interest projects suggest by the cohort.

When does it happen?

Throughout the year

Who can be involved?

Year 12s

Contact Teacher

Mr Anderson,
anderson.michael@mazenod.wa.edu.au

Sports Co-Curricular Activities

House Swimming

All students are expected to participate in the House swimming carnival which is held in the College pool. There are novelty events as well as the traditional events to enable all students to participate.

When does it happen?

In school time during Term One.

Contact teacher

Mr Grabski, grabski.timothy@mazenod.wa.edu.au

House Cross Country

All students participate in the event which is run through the local streets and covers approximately five kilometres.

When does it happen?

In school time during Term Two.

Contact teacher

Mr Grabski, grabski.timothy@mazenod.wa.edu.au

House Triathlon

Students are invited to register a team from their House and Year group for the triathlon, which is held on the school property. Students can also enter the triathlon as an individual competitor.

When does it happen?

Last day of Term One.

Contact teacher

Mr Grabski, grabski.timothy@mazenod.wa.edu.au

House Tug-a-War

All students can participate in the House tug-a-war which is held on the last day of Term One each year.

Contact teacher

Mr Grabski, grabski.timothy@mazenod.wa.edu.au

House Athletics

All students are expected to participate in the House athletics carnival which is held at the College. There are novelty events as well as the traditional events to enable all students to participate.

When does it happen?

In school time during Term Two.

Contact teacher

Mr Grabski, grabski.timothy@mazenod.wa.edu.au

Club Football

Mazenod Junior Football Club is a community sporting club for Mazenod students, run by parent and community volunteers. There are weekly training sessions, with games played on Sundays in the metropolitan area.

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Club President

presidentmjfc1@gmail.com



School Football

Metro Central Year 7s Schoolboys competition - Term Three. A representative team that competes against other schools in the metropolitan area on Wednesday afternoons. Selection trials during school hours.

Contact teacher

Mr Gardner, gardner.bradley@mazenod.wa.edu.au

Club Basketball

Mazenod Junior Basketball Club is a community sporting club for Mazenod students, run by parent and community volunteers. There are weekly training sessions, with games played on Wednesday and Thursday afternoon/evenings at Ray Owen Sports Complex.

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Club President

Mr Nick Thompson,
bball.president@mazenod.wa.edu.au

School Basketball

Senior students take part in an interschool competition held during Terms One and Two. Training is usually at lunch time and games are held after school.

Year 7-9 students can try out for a one day basketball carnival held in Term Three.

When does it happen?

Seniors Terms One and Two, Juniors Term Three

Contact Teacher

Mr Websdale, websdale.ross@mazenod.wa.edu.au

School Soccer

Years 7/8, Years 9/10 and Years 11/12 Representative school teams participate in round robin competitions in Term Two and depending on results they may take part in knock-out stages in Term Three. Games take place after school on various days in the metropolitan area.

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Club Hockey

Mazenod Junior Hockey Club is a community sporting club for Mazenod students, run by parent and community volunteers. There are weekly training sessions, with games played on Sundays in the metropolitan area.

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Club President

Peter Bewick

School Cricket

Graeme Wood Shield 20/20 format starting Week 2/3 of Term One. Games played during the week usually starting at 1:30pm. This competition is open to Years 10-12 students.

Trials for the First XI Cricket team to take part in the Oblate Cricket Carnival occur in Term Three. This is open to students from Years 9-11 to try out. Each December, the three Oblate schools in WA, Queensland and Victoria take turns hosting the tournament. Weekly trials and training session will be involved in the lead up to the carnival.

Contact teachers

Mr Mason, mason.chris@mazenod.wa.edu.au or
Mr Grabski, grabski.timothy@mazenod.wa.edu.au



Swimming

ACC Swimming Carnival is held at the Perry Lakes Stadium Swim Centre in Term One. The initial squad selected based on student performance at the Mazenod inter-house swimming carnival. Training is every Tuesday afternoon and Thursday mornings at the College pool starting Week One, Term One.

When does it happen?

Term One

Contact

Mr Mason, mason.chris@mazenod.wa.edu.au
Mr Mallon, mallon.liam@mazenod.wa.edu.au

Athletics

ACC Athletics Carnival is held in Term 3 at the State Athletics Centre. Initial squad selected based on performance at the Mazenod Inter-House Athletics Carnival. Training and further trials every Tuesday afternoon starting Term Three, Week Three.

When does it happen?

Term Three

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Triathlon

School Sport WA Triathlon (Year 7-11). Students are invited to form a team or compete as individuals and submit nominations to the HPE Department at the start of Term Four. Suitable for students who excel in this event (Swimming, Running, Road Bike Riding).

When does it happen?

Term Four

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Golf

Mazenod School Golf Championships held at Hartfield Park Golf Course is open to all years. Suitable for students with previous golfing experience. Nominations open Week Five, Term Three.

When does it happen?

Term Three

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Mountain Biking

State Mountain Biking Championships at The Goat Farm, Greenmount. Open to all year groups and suitable for students with off-road mountain biking experience. Own mountain bike required.

When does it happen?

Term Three

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Running Club

Open to all students, parents and all fitness levels. Various courses from 3-5 kilometre are used during mornings around the school and surrounding streets.

When does it happen?

Every Tuesday and Thursday morning at 7:20am-8:00am approx.

Contact teachers

Mr Grabski, grabski.timothy@mazenod.wa.edu.au

Mr Gardner, gardner.bradley@mazenod.wa.edu.au

Weights and Fitness Club

Year 11 and 12 students are welcome to apply for membership of the Weight and Fitness Club, in the school weights room. Application forms available from Mr Grabski. Students required to provide their own gym program written by a health professional (Physiotherapist, Gym Instructor etc.). Open for use 7:30am-8:15am and 3:15pm-4:15pm.

Contact teachers

Mr Grabski, grabski.timothy@mazenod.wa.edu.au

School Tennis

School Sports WA Inter-School Tennis competition is open to all Years. Competition occurs late Term One. The team is selected based on results of School Tennis Championships and is played on a Saturday in Term One.

Contact teacher

Mr Mason, mason.chris@mazenod.wa.edu.au

Arts Co-Curricular Activities

Theatre Works for Year 7

A Drama Club run by the Captain of Performing Arts exclusively for Year 7 students. The focus of the meeting is to build confidence and skills through a range of practical activities and opportunities to work collaboratively.

When does it happen?

Term One and Two Friday lunch time.

Where does it happen?

Performing Arts Centre.

Contact Teacher

Mrs Tamigi,
tamigi.beth@mazenod.wa.edu.au

Mazenod College Choir

Students from Mazenod and St Brigid's combine to form a four part choir that sing a range of musical styles from contemporary to classical and everything in between.

Where does it happen?

Band Room behind the PAC (some rehearsals are held in the St Brigid's PAC and transport is provided to Mazenod after the rehearsal)

When does it happen?

Day 3, lunchtime
Day 8 morning 7:30-8:25am

Who can be involved?

All Years

Contact teacher

Miss Bell, bell.louise@mazenod.wa.edu.au

Music ensembles and bands.

Includes Concert band, Jazz band, flute choir, saxophone/reed ensemble, brass ensemble, jazz combo, guitar ensemble.

Where do they happen?

Band room and rooms in Performing Arts Centre.

When do they happen?

Different ensembles and bands rehearse on different days. Rehearsal days and times are posted in the daily notices

Who can be involved?

All Years

Contact

Mrs Greenley, greenley.anne@mazenod.wa.edu.au

Music Rocks

Using music as a tool for inspiration and skills, MRA has focused on the music, social and personal development of our young participants, allowing an ethos of 'music is for everybody' and creating 'the world's most inspiring music experience for young people'. We really do operate in a different world from all other music programs and we have opened up learning in areas and for individuals who would have otherwise not had the opportunity or incentive to contribute musically.

<https://www.musicrocks.com.au>

Where does it happen?

Performing Arts Centre

When does it happen?

3:30-4:30pm (beginner bands)
4:30-5:30pm (intermediate bands)

Who can be involved

All years (focus on lower school)

Contact teacher

Mr Graham, graham.sam@mazenod.wa.edu.au

Mass Choir

A liturgical choir that rehearses in the weeks before a whole school mass.

Where does it happen?

Band Room behind the Performing Arts Centre

When does it happen?

Rehearsals times are posted in the daily notices in the weeks before the Mass

Who can be involved

All Years

Contact teacher

Ms Bell, bell.louise@mazenod.wa.edu.au





Mazza Mixers/Backstage Ninja Tech Crew

A group that are interested in the technical side of music/drama production and performance. The Mazza Mixers meet once a week to learn about DJing and musical production using software such as Mixcraft, Ableton Live and Virtual DJ. The Backstage Ninjas are a subgroup of the Mazza Mixers that assist in technical setups for school performances such as whole school productions, Assemblies, Masses, Performing Arts concerts etc. They learn and develop skills in sound, lighting, stage management and front-of-house.

Where does it happen?

Keyboard Lab

When does it happen?

Tuesday lunchtime

Who can be involved?

All years

Contact teacher

Miss Bell, bell.louise@mazenod.wa.edu.au and
Mrs Greenley, greenley.anne@mazenod.wa.edu.au

Instrumental/vocal lessons

Lessons for any students who would like to learn to play a musical instrument or sing.

Where does it happen?

Allocated rooms in the Performing Arts Centre

When does it happen?

Weekly on a designated day. Lessons are 30 minutes and are held during the school day.

Who can be involved

All years

Contact

Mrs Greenley, greenley.anne@mazenod.wa.edu.au

Stomp

Following the success of the past three musicals and the overwhelming interest from the boys to be involved in the whole department projects, we have opened an opportunity for our students to have ongoing Dance training to complement our already thriving Arts Department. A place to explore how to move your body with purpose and control, improve your skills and learn how to pick up choreography within an ensemble using contemporary music.

Where does it happen?

The Workshop

When does it happen?

Thursday afternoons- 3:30-5:30pm

Who can be involved?

All years

Contact teacher

Mr Jonkov, Jonkov.daniel@mazenod.wa.edu.au

MAC

MAC- Our Mazenod Auditioned choir for those who can't get enough of singing. A great place for students who want to extend their skills, work on some more challenging pieces and commit to working in a specialised group of performers to be showcased at Mass, Assemblies and other performance opportunities throughout the year.

Where does it happen?

The Band Room

When does it happen?

Wednesday lunchtimes

Who can be involved?

All years

Contact teacher

Ms Bell, bell.louise@mazenod.wa.edu.au

Academic Co-Curricular Activities

Coding Club

Come and explore Programming, Game Design and Digital Technologies. Come and work in a creative space and see where programming and Digital Technologies can take you.

When does it happen?

Friday Lunchtime from the 10 minute bell

Contact Teacher

Mr King, king.michael@mazenod.wa.edu.au

Da Vinci Club

This is a group working on general knowledge and specific skills for the Da Vinci Decathlon.

When does it happen?

Term Three and Four at lunchtime

Contact Teacher

Ms Biffin, biffin.susanne@mazenod.wa.edu.au

Have Sum Fun Maths Competition

A Maths problem solving quiz night open to selected students.

When does it happen?

Term One

Contact teacher

Mrs Godfrey, godfrey.lynda@mazenod.wa.edu.au

Maths Help Room

A number of Maths teachers are available to assist students with any concerns they have with any of the Maths course they are doing.

When does it happen?

Lunch time

Contact teacher

Mrs Godfrey, godfrey.lynda@mazenod.wa.edu.au or your Maths teacher.

AHISA Debating

Interschool debating competition for Years 7 – 10

When does it happen?

Term Three

Where does it happen?

The training takes place at Mazenod and the debates are held at Perth College

Contact Teacher

Ms Farinaccio,
farinaccio.julia@mazenod.wa.edu.au

Makerspace and Cre8 Group

A group that students can join to create small projects that interest them. Teachers will facilitate sessions to encourage creativity, tinkering and experimental learning. Projects will involve technology and/or craft.

When does it happen?

Friday lunchtimes – weekly or twice monthly.

Where does it happen?

Library annexe

Contact Teacher

Mrs Worthington, worthington.penny@mazenod.wa.edu.au

Reading Rocks

Students meet to share & discuss 'good reads'.

Who can be involved?

Years 7, 8 and 9

When does it happen?

Wednesday lunch-times

Where does it happen?

Library annexe

Contact teacher

Ms Holloway, holloway.kath@mazenod.wa.edu.au and
Ms Worthington,
worthington.penny@mazenod.wa.edu.au



Lego Lads

An opportunity to engage in some unstructured Lego building with others who enjoy building. Lego provided.

When does it happen?

Monday and Wednesday lunch times after the 10 minute bell

Where does it happen?

Room 101

Contact Teacher

Ms Watson,
watson.leanne@mazenod.wa.edu.au
Ms Chapman,
chapman.kylie@mazenod.wa.edu.au

Sustainability Group

Students are invited to take an active role in Sustainability at Mazenod College through the Sustainability Group. Our focus of waste reduction and education is achieved through a range of hands-on activities and we would love to see students from year 7 -12 get involved in the organisation and running of these events. The team meet each term to plan and tackle environmental concerns around the College.

Contact Teacher

Mr Rogerson
rogerson.daniel@mazenod.wa.edu.au

Chemistry Titration Stakes Competition Club

Senior Chemistry students prepare to take part in the annual Titration Stakes competition.

When does it happen?

Weekly during Term Two (Competition at end of Term Two), and then weekly in Term Three if students make the National Competition. Times will be negotiated with students depending on student availability.

Who can participate?

Senior Chemistry students.

Contact teacher

Ms Overton,
overton.marie-clare@mazenod.wa.edu.au

“Brain Bee” Neuroscience and Psychology Club for Year 10s

This is a group that will be learning about how the brain functions and how the mind works in preparation for the Australian Brain Bee Competition.

When does it happen?

Friday lunchtime from the 10min bell

Contact Teacher

Mrs Gale, gale.hayley@mazenod.wa.edu.au



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