



Mazenod Junior  
Basketball Club  
Handbook



Welcome to the Mazenod Junior Basketball Club. This booklet has been prepared to assist you in understanding the various processes, procedures and policies that govern player, parent and coach involvement.

During each season you will be sent detailed information on various subjects. It is important that you regularly check your emails and keep your details up to date. We also use Facebook and Instagram to keep our members informed. MJBC uses SportsTG to communicate timely information with our MJBC members.

You are strongly encouraged to join our Facebook page by clicking 'like' - [facebook.com/MazenodJuniorBasketballClub](https://facebook.com/MazenodJuniorBasketballClub) and find us on Instagram at

## PLAYING DOMESTIC LEVEL BASKETBALL

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MJBC competes in competition at Kalamunda & Districts Basketball Association (KDBA) at Ray Owen Recreation Centre in Lesmurdie.

MJBC teams compete against other basketball clubs and teams within the association.

MJBC also participate in other associations throughout the Perth, Metropolitan area. These teams are teams put together who want to give themselves another challenge against other competitions or are invited to play at a more developed level.

All MJBC players are expected to challenge themselves and continually refine their skills and are encouraged to participate in our skills development programs during each season.

## TEAM MANAGER RESPONSIBILITIES

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A Team Manager is a voluntary role and is usually a parent within the team (all student coaches MUST have a parent Team Manager).

Team Managers are responsible for:

- Administration support to the Team and the Coach.
- Communicating important information to players their and families.
- Assisting the coach in ensuring the safety of all players throughout every game.
- Ensuring that you know where First Aid is available.
- Carrying all medical indemnity and medical requirements for each player to all games.
- Ensuring that a parent attends each training session if the team is coached by a student coach.
- At each game you are required to arrange a scorer, ensuring players have paid their entry fee by collection of player receipts, have the score sheet/tablet entered with all players playing.
- Assisting MJBC's Registrar and Team Coordinator to ensure the contact details of each player is correct and up to date.
- Promote to parents, players and coaching staff the Basketball Western Ausyralia Code of Conduct and the Mazenod College Ethos.
- Other duties as directed by MJBC.

## COACHING RESPONSIBILITIES

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MJBC coaches are usually voluntary parents or student coaches from Mazenod College. On the odd occasion, previous Mazenod College students will volunteer their services to coach as well as student uncles.

Each team will be allocated a Coach and you can have an Assistant Coach which will be arranged by the Coach. All coaches are required to conform with KDBA Local Playing Rules V1.2.

All Coaches and Assistant coaches who do not have a sibling/son in the team they are coaching are required to satisfactorily complete a Working with Children (WWC) check and the signing of a statutory declaration in regard to their character and conduct before being able to coach an MJBC team.

All coaches should strive to improve their knowledge of the game and how best to impart the various skills to their players. This is generally undertaken by attending BWA accredited coaching sessions, personal endeavours and upgrading qualifications.

Any queries regarding Coaching courses should be referred by email to MJBC Coordinator [coordinator.mjbc@gmail.com](mailto:coordinator.mjbc@gmail.com)

## COMPLAINTS AND ISSUE MANAGEMENT

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From time to time, contentious issues arise that may cause some concern. It is important that these issues are raised and dealt with at the earliest possible stage. Parents must respect Coaches and realise that sensible and productive discussions rarely occur if a person is upset or emotional.

Most issues can be resolved through discussion with the Team Manager and/or Coach. Parents and players are advised to not raise a contentious issue with a coach immediately after a game. Please make time to meet with your coach outside of match times.

The correct process to lodge a complaint is by following the 'Complaints and Feedback'  
<https://www.sunsbasketball.com.au/competition-information/>

If you are not satisfied with the outcome or response you should direct your inquiry to the MJBC Vice President – [vppresident.mjbc@gmail.com](mailto:vppresident.mjbc@gmail.com)

## PARENTS BEHAVIOUR

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Our parents are a vital resource in the successful running of MJBC. There are times where a very small percentage of parents create friction and tension amongst a team. Parents that cause conflict with players, coaches, team managers and officials are not welcome at MJBC. Conflict causes major disruptions to teams and the Committee of Management will have a zero tolerance towards behaviour outside of Basketball WA's Code of Conduct. Please familiarise yourself with the Codes of Conduct prior to and during the Season. As a parent you are expected to understand and behave in line with the code of conduct and Mazenod College Ethos.

## GRADING AND PLAYER MOVEMENT

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MJBC reserves the right to remove or regrade teams to higher or lower division in accordance with the BWA Rules of Operation during the season. Players and teams are put together and graded upon their skills from previous seasons.

Please note that if there are not enough teams for a division to be considered by KDBA, teams may be placed in another division at the discretion of KDBA.

Limited re-grading will be done by KDBA after round 4 of competitions. In general, teams who have won every game by large amounts may be regraded up to a higher division. Teams who have lost every game by large amounts may be regraded down a division. Other factors including teams played and winning/losing margins will also be taken into consideration.

We ask you to respect the decision of MJBC and KDBA and if you have any queries or concerns contact our Vice President via email on [vppresident.mjbc@gmail.com](mailto:vppresident.mjbc@gmail.com)

## FINANCIAL MATTERS

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Players are not confirmed on a team until their fees have been paid, which is due before the commencement of each season. The club reserves the right to offer the position to another player if fees remain unpaid.

If a family is having financial difficulties, please contact MJBC Registrar via email [registrar.mjbc@gmail.com](mailto:registrar.mjbc@gmail.com) to have a confidential conversation.

## GAME FEES

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At each game, each team player must pay a "game fee" of \$8 (2021) upon entry to Ray Owen Complex at the reception desk. This payment can be made either by cash or card. In addition, KDBA do offer a 'prepaid card' that operates as a debit card for each game. These are available from the reception desk upon request.

Team Managers are required to collect the 'game fee' receipt from each player prior to the commencement of each game.

If a player is going to be late, a 'game fee' ticket must be purchased prior to game commencement and that said player must be playing on the court before half time.

If there are only 4 players in a team available on a game day (minimum is 5), an additional 'game day' ticket can be purchased to allow the team to play and this additional ticket can be reimbursed by MJBC.

## EXPECTATIONS

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MJBC have a series of expectations of its players. All players, regardless of team are expected to:

- Behave in line with Mazenod College Ethos
- Abide by KDBA By Laws, Rules and Policies
- Abide by BWA's Player Code of Conduct
- Attend all training and skills sessions
- Attend all games even when injured (although not when ill)
- Report all injuries to their coach before playing or training
- Pay fees on time
- Participate in the team's obligation to promote Team Sport

Attendance at both games and training must be given paramount importance and priority. Attendance will be monitored by coaches and team manager and players may be penalised, removed or not selected if attendance is considered unsatisfactory.

## TRAINING

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Training sessions are usually held weekly with most teams making reservations for training at Mazenod (inside outside the gym) these bookings are to be sent through to the MJBC Coordinator via email on [coordinator.mjbc@gmail.com](mailto:coordinator.mjbc@gmail.com) for all teams. It is recommended that all players arrive at least 15 minutes prior to the starting time to stretch and prepare for the session. If for some unavoidable reason you cannot attend, you must notify your coach or team manager well in advance. Your coaches spend many hours preparing training sessions based on all players being in attendance. Notifying of nonattendance at last minute is not acceptable and may result in reduced court time.

The days and times of training sessions are set by your coach. Players are expected to commit to these training times

## PLAYING TIMES AND VENUES

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Matches are played on Monday and Wednesday nights;

- U13 U15 U19 on Monday nights
- U17 on Wednesday nights

Game times commence at 4:10 with the last game commencing at 9:30. KDBA tries to structure U13 and U15 games at the earliest as possible with the U17 and U19 towards the later timeslots. In reality, fixtures vary from these times, and the lower ranked the teams are structured the more variation there is.

## THE SEASON

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The playing season at KDBA are two seasons throughout the year:

Season 1: February through to June (Terms 1 & 2)

Season 2: July through to November (Terms 3 & 4)

The season's fixtures, results and team standings are available by searching for 'KDBA Fixtures' and selecting the appropriate page.

## FORFEITS, REFUNDS & GAME CANCELLATIONS

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Teams who need to forfeit a game should email as soon as possible the coordinator – [coordinator.mjbc@gmail.com](mailto:coordinator.mjbc@gmail.com). Please make sure you provide us with the following information in your email

- Team Name
- Competition ie Under 15's Division 3
- Date of Forfeit

The coordinator will then try and work with you, to find you players if there are some available.

KDBA is provided with significant dates on the Mazenod College calendar which may clash with rostered game dates so that games can be rescheduled as far as possible.

If a forfeit or fine occurs, MJBC receives an invoice for the fine. Generally, this cost is not invoiced to teams BUT, MJBC reserves the right to pass any fine onto a team or player if it is deemed appropriate. The amount of the forfeit fees is dependent on when notice of the forfeit is received by KDBA

Teams who forfeit any finals games will automatically be removed from the remainder of the Finals Series for that Competition.

Where games are disrupted due to no fault of the teams or the Association (e.g. power failure) then the Competition Manager will declare the game abandoned if more than 10 minutes of game time may be lost.

If the game has been declared abandoned with less than 10 minutes remaining until the end of the game, then the score will stand, with the game counted as a normal game played with the team ahead on scores winning the game.

If a game has been declared abandoned with more than 10 minutes remaining until the end of the game, then the game will be considered a washout. The score of the game will be 20-20 with both teams awarded a win.

In extraordinary circumstances when KDBA needs to cancel a game prior to the scheduled commencement of that game, an effort will be made to reschedule that game. If that game cannot be rescheduled, then the game will be considered a washout.

## COURT TIME

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Court time for the U13's and U15's Div 2 and below should be spread evenly throughout the team to allow all players the experience of participation with in the team.

Court time for U15's Div 1, U17's and U19's is not guaranteed. The coaches may give some players more or less court time based on the match, training attendance, player attitude and player performance. Court time is solely at the coach's discretion and is supported by MJBC. Players and families should be prepared for this at the commencement of the season. Complaints from parents or players in reaction to court time are not given consideration.

## INJURIES

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Registered players are covered for expenses associated with injuries incurred at games by KDBA through the BWA annual fee. When training at Mazenod College, players are covered by the College.

All players are encouraged to wear a mouth guard at games and training (this is not compulsory). Players must advise Team Coaches of any injury prior to training sessions or games. To promote team spirit players are required to attend all games even when injured, but not when ill.

If a player has a long-term injury it is imperative that you notify the MJBC Coordinator on [coordinator.mjbc@gmail.com](mailto:coordinator.mjbc@gmail.com) so if required, another player or fill-in can be arranged.

## UNIFORMS

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All players are required to wear the official MJBC uniform for pre -game warm-up and during the course of the game.

The MJBC uniform comprises of the following compulsory items:

- Playing singlet (reversible)
- Playing short (with no pockets)

No substitute items will be allowed unless approved by the MJBC Committee.

We also have a range of club Merchandise

- Training singlet (reversible)
- Hoodie
- Bag
- Socks

Merchandise can be purchased through our Uniform Manager on [uniforms.mjbc@gmail.com.au](mailto:uniforms.mjbc@gmail.com.au)

# PLAYER CODE OF CONDUCT

## 1. UNDERSTAND AND PLAY BY THE RULES

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Understanding and playing by the rules is your responsibility. The rules exist for the safety, proper order and enjoyment of all people involved in basketball. The lessons to be learned in this respect in basketball are lessons that can and should be carried over into all aspects of your lives. Do not ignore or deliberately break any rules. Even if you think that a deliberate foul may give your team an advantage, you should not commit the deliberate foul in the interests of fair play. If you do consistently commit deliberate fouls or break the rules you must accept that there will be consequences for you and your team. Do not let yourself or your team down.

## 2. RESPECT REFEREES AND OTHER OFFICIALS

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Referees and officials have a difficult task to perform and you could not play the game without them. They are there to enforce the rules of play, but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour. Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, have your coach, captain or manager approach the referee during a break or after the game, in an appropriate manner.

## 3. CONTROL YOUR TEMPER

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Verbal abuse of officials is a serious offence against the rules of basketball. Verbally abusing other players or deliberately distracting or provoking an opponent are also not acceptable or permitted in basketball. Loss of temper is not only unpleasant for other participants in the game, it can also distract you and have an adverse effect on your concentration and effectiveness on the court.

## 4. WORK EQUALLY HARD FOR YOU AND YOUR TEAM

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You owe it to yourself and others involved in your team to train and play to the best of your abilities. Your team's performance will benefit - so will you. If you are half-hearted about your involvement in the sport you will become dissatisfied and lose out on the much of the enjoyment and satisfaction you can derive from giving it your best.

## 5. BE A GOOD SPORT

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Acknowledge all good plays whether they be by your team or the other team. Good manners and respect can be infectious. Everyone likes to be praised when they do something well. If you acknowledge the achievements of your opponents, it is likely they will follow suit. Part of participation in sport is respect for all participants in the game. Your opponents are entitled to proper courtesy. Always introduce yourself to your opponents on court, congratulate them whether you win or lose and accept a loss gracefully. Remember that the opposition coach is there trying to do the best for their team and is also entitled to respect.

## 6. TREAT ALL PLAYERS AS YOU WOULD LIKE TO BE TREATED

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Do not interfere with, bully or take unfair advantage of another player. Just because one of your team cannot perform as well as you do does not mean that they are not trying. Everyone makes mistakes. Do not abuse or ridicule another player when a mistake is made. Constructive guidance and encouragement when a player does well will assist a player to improve their game.

## 7. PLAY FOR THE “ENJOYMENT OF IT” AND NOT JUST TO PLEASE PARENTS AND COACHES

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Playing sport, including basketball, should be fun. This does not mean that you shouldn't take it seriously, just that at the same time you should enjoy it. If you enjoy an activity you will perform much better and derive far more benefit from it than if it is an unpleasant experience. You may experience pressure from your coach and parents and others to perform outside of your capability or desires. Whilst this can be a positive and their way of showing you support in your activities; you should resist it where it no longer is enjoyable.

## 8. RESPECT THE RIGHTS, DIGNITY AND WORTH OF EVERY PERSON

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Regardless of their gender, ability, cultural background, religion, or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory. Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution.

## 9. BE PREPARED TO LOSE SOMETIMES

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Everyone wins and losses at some time. Be a fair winner and a good loser. Disappointment at losing is natural, but it should not be obvious to the point of being unpleasant for others. Just as unpleasant can be the boastful winner. Recognise that even in defeat, the loser has achieved something, just by playing. Not everything in life can be a winning situation. Losing can be an important learning experience for your wider life goals.

## 10. LISTEN TO THE ADVICE OF YOUR COACH AND TRY TO APPLY IT AT PRACTICE AND IN GAMES

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Your coach has been appointed to coach your team because they have certain abilities and experience. They have also undergone training to ensure that you get the best coach that you can commensurate with your skill levels. Apart from skills training, your coach can provide you with helpful advice on all aspects of playing basketball. Make the most of the opportunity provided to you to work with your coach to have a happy and successful experience in basketball.

## 11. ALWAYS RESPECT THE USE OF FACILITIES AND EQUIPMENT PROVIDED

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Facilities and equipment cost money and will only function properly if kept in good order. Ensure that you do not abuse anything provided for use. Do not engage in dangerous practices such as hanging off hoops or “slam dunking”. Quite properly, these practices are banned in most venues. Not only can equipment be damaged but serious injury can occur.

# PARENT CODE OF CONDUCT

## 1. ENCOURAGE YOUR CHILDREN TO PARTICIPATE FOR THEIR OWN INTEREST AND ENJOYMENT, NOT YOURS

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Support your children in their participation in basketball but do not force them to play if they do not want to. Sport is played by children for enjoyment and fitness. It is good for their bodies but should also be good for their minds. If they feel too much pressure from you it may make them rebellious or even depressed. It is very tempting for parents who are involved in a sport, or who have children with abilities they wish they had themselves to try and force the children to participate or to participate at a level to which they do not aspire. Resist the temptation.

## 2. ENCOURAGE CHILDREN TO ALWAYS PLAY BY THE RULES

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Just as responsible parents teach their children to obey the law of the land, so should those same parents encourage their children to play sport by the rules. If your children show no respect for the rules of the game of basketball, they can also come to believe that breaking the law is acceptable too. If you see your children constantly breaching rules you should be prepared to speak to them at an appropriate time.

## 3. TEACH CHILDREN THAT AN HONEST EFFORT IS ALWAYS AS IMPORTANT AS A VICTORY

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Your children will suffer many disappointments in their lives. You should teach them from an early age that whilst a win in basketball will bring them much pleasure, it is not the most important thing. Participating to the best of their abilities is far more important than winning. You can help them learn this, so that the result of each game is accepted without undue disappointment.

## 4. FOCUS ON DEVELOPING SKILLS AND PLAYING THE GAME REDUCE THE EMPHASIS ON WINNING

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If children see that effort is rewarded by an increase in skills, they will derive considerable pleasure and see the importance of striving to improve over the necessity to win every game. Primary responsibility for skills training rests with the children and their coaches but you can assist with their enthusiasm by attending games, encouraging them to practise away from formal training and games and even joining in with this practice.

## 5. A CHILD LEARNS BEST BY EXAMPLE. APPLAUD GOOD PLAY BY ALL TEAMS.

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Acknowledge all good plays whether they be by your children's team or the other team. Good manners and respect can be infectious. If you acknowledge the achievements of your children's opponents, it is likely your children will follow suit. This can assist to create a positive and supportive climate for all children involved in the game.

## 6. DO NOT CRITICISE YOUR OR OTHERS' CHILDREN IN FRONT OF OTHERS.

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Reserve constructive criticism of your own children for more private moments. Children can be very sensitive and feel strong humiliation if they are criticised in front of their peers. When you do feel the necessity to speak to your child about something that displeases you, make the effort to explain what the problem is and why you are concerned about it. If you can see some way of avoiding the problem in the future, also explain this to the children. Give your children an opportunity to offer you an explanation. You are not communicating with your children effectively if all the communication is one way.

## 7. ACCEPT DECISIONS OF ALL REFEREES AS BEING FAIR AND CALLED TO THE BEST OF THEIR ABILITY

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Referees and officials have a difficult task to perform and your children could not play the game without them. They are there to enforce the rules of play, but they cannot always be right. Accept bad calls graciously. Abuse of referees is unacceptable behaviour. Players who consistently dispute decisions or do not accept bad decisions are bad sports. If you disagree with a decision, discuss it with your children in a constructive manner.

## 8. SET A GOOD EXAMPLE BY YOUR OWN CONDUCT, BEHAVIOUR AND APPEARANCE

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Children often learn by example. You are the prime role models for them. Make your parenting rewarding and beyond criticism by leading by example. Do not criticise opposing team members or supporters by word or gesture. Accept loss graciously and applaud the efforts of all playing the game. Do not be one of the "ugly" parents occasionally seen at sporting events.

## 9. SUPPORT ALL EFFORTS TO REMOVE VERBAL AND



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## **PHYSICAL ABUSE FROM SPORTING ACTIVITIES**

Parents have considerable influence in how sports are conducted. Often, they are called on to perform volunteer work to help organise their and others' children's activities. Use this rewarding experience, not just to assist in getting the necessary work performed, but also to influence the atmosphere in which your children play the sport. Children not as fortunate as yours whose parents are not willing or able to be involved may need some guidance on what is or isn't acceptable behaviour.

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## **10. RESPECT THE RIGHTS, DIGNITY AND WORTH OF EVERY PERSON**

Regardless of their gender, ability, cultural background, religion or other factor irrelevant to the game, all persons connected with basketball are entitled to equal treatment and respect. Avoid any remarks that could be construed as offensive or discriminatory. Sometimes even a joke may give offence. Even if a person refers to themselves with a particular label, it should not be taken as an invitation for you to do so. Using discretion is imperative and it is better to err on the side of caution. Your children will most likely follow your lead in matters of discrimination and vilification.

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## **11. SHOW APPRECIATION FOR VOLUNTEER COACHES OFFICIALS AND ADMINISTRATORS**

Volunteers are necessary for the functioning of sporting activities. Without them, your child could not participate. Whilst many are parents of people involved in the sport, many are also people dedicated to the sport and its development. Show them the respect and appreciation that they deserve.

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## **12. KEEP CHILDREN IN YOUR CARE UNDER CONTROL**

Basketball encourages you to bring your children to games. However, there can be dangers to them in a basketball stadium. They can also constitute a danger to players. You should ensure that children with you at a basketball game are well behaved and do not wander onto or too near to courts. They can easily be knocked down by a player or a player can trip over a child when concentrating on the play and not expecting a small child to be in the way.

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## **13. ALWAYS RESPECT THE USE OF FACILITIES AND EQUIPMENT PROVIDED.**

Facilities and equipment cost money and will only function properly if kept in good order. Ensure that you do not abuse anything provided for use. Discourage your children from engaging in dangerous practices such as hanging off hoops or "slam dunking". Quite properly, these practices are banned in most venues. Not only can equipment be damaged but serious injury can occur.



# HIGH PERFORMANCE DEVELOPMENT PROGRAM

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The Mazenod Junior Basketball Club identifies a select number of talented MJBC players that display the greatest potential within the club or that have been or have the ability to achieve selection into a potential State level program or State level representation. The program MJBC recommends and offers is that of Scorpions Basketball Inc. which has a professional focus on coaching in a small group environment.

The Scorpions Basketball program will prepare players mentally for elite level basketball, develop goals and basketball IQ, improve advanced fundamentals, increase fitness and overall health. For further details please email [scorpionsballinc@gmail.com](mailto:scorpionsballinc@gmail.com)



